Thanksgiving Reflections

Thursday, November 26, 2020

Thanksgiving wish from Robin Wall Kimmerer

Even a wounded world is feeding us. Even a wounded world holds us, giving us moments of wonder and joy. I choose joy over despair. Not because I have my head in the sand, but because joy is what the earth gives me daily and I must return the gift.

The grateful pumpkin

It might not be autumn where you live, but the iconography of the large orange pumpkin travels around the world.

People carve faces into them, stick a candle inside and use them to ward off the darkness.

Perhaps we could consider writing on one instead. Inscribing all the things we're grateful for, all the people who show up in our lives. We could highlight our heroes, our friends, the selfless people who show up for the community instead of simply looking for a shortcut… We could even remind ourselves of the systems, situations and dynamics that we take for granted.

Seeing that pumpkin every day is a great way to remind myself of how extraordinarily lucky I am. Even when it seems as though the news is an unending litany of selfishness and tragedy, it's possible to find someone who made a difference.

Thank you for caring, for showing up and especially, for leading.
~Seth Godin

Thanksgiving wish from Scott

Every day I pinch myself that I get the privilege to work with kind, generous and talented people. I pinch myself again that we all get to advance the work of the Monroe Institute. It has, and is, making a dramatic difference in the people it touches.

May your day be full of gratefulness. 2020 has been a difficult year and yet, there is so much to be thankful for.

That, and a nap.

Best wishes to you and your families.